



Get Started With Remote Rehab Or Prehab



Recovering health.
Restoring confidence.
Reinvigorating life.

STEP
01

referral

Get a referral or a prescription for rehab or prehab from your doctor



STEP
02

reach out

Call 800.242.6221 or email
info@RecoveryPlus.health



STEP
03

recovery

A rehab care specialist will walk you through the steps to begin the road to remote recovery - anytime, anywhere

Get smart about at-home rehab by learning more today. Remote rehab is remaking lives.

RecoveryPlus.health replaces facilities-based rehab programs with state-of-the-art, personalized remote solutions for rehab and prehab (primary prevention) for cardiac, pulmonary and vascular health, long-term COVID, and other medical conditions. The intelligent platform eliminates barriers to critically needed care, empowers patients to accelerate their recovery, and improves long-term survival rates while at home.



T. 800. 242. 6221
F. 866. 242. 7890
info@RecoveryPlus.health

Who Needs Home-Based Rehab?

You are a candidate if:

- You've had a heart attack or heart surgery
- You've been diagnosed with type 2 diabetes, high blood pressure, high cholesterol, obesity or other health issues
- You've been diagnosed with symptoms of long COVID

AND

- You have been prescribed prehab or rehab by a physician

Medically Crafted Care

By reviewing your day-to-day routines and activity levels, our team focuses on personalized modifications, wearable device monitoring, and functional movement to craft a custom rehab program that suits every lifestyle—so you can get back to really living.

Simple Fitness Plans

Through our app you have access to a video content library of over 10,000 exercises for a variety of routines with easy-to-follow onscreen guidance.

Professional Support 24/7

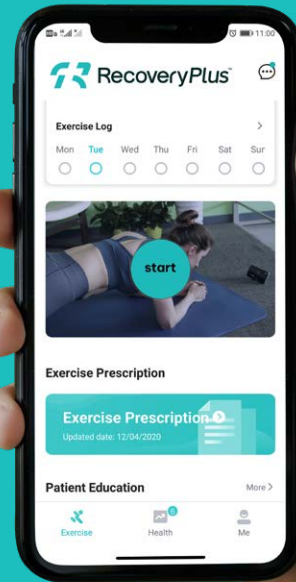
Around-the-clock accessibility to an integrated team of diverse medical practitioners and tech support means regular fitness and health assessments, updated plans, and instant response to any concerns.

Is it Covered by Insurance?

RecoveryPlus.health is medically approved, HIPAA-compliant, and reimbursable by Medicare, Medicaid, and most commercial insurance plans.

The RecoveryPlus.health Difference

The RecoveryPlus.health approach is clinically proven to monitor and manage your care from home – and prevent further complications. Through simple-to-use smart technology and individualized, medically supervised programs, RecoveryPlus.health's team helps you break down barriers to get healthy.



Get Moving Again.
Get Back to Living.

Reclaim Your Health

Remote rehab is an essential, life-saving service that's clinically proven to increase recovery and long-term survival rates for those with medical conditions who can't travel to a facility. RecoveryPlus.health makes the process easy and accessible through a remote rehab fitness program tailored to you, at home, with interactive 24/7 medical supervision.

Start working on your health anytime, anywhere.



An ER trip costs 12x as much as a visit to your MD



Emergency Room visits are reduced dramatically

We keep you on track to avoid unnecessary ER visits and expensive re-hospitalizations—so you get healthy, take fewer medications, and recover faster.