

**Recovering health.  
Restoring confidence.  
Reinvigorating life.**



## Cardiac Rehab and Prehab for Your Patients Anytime, Anywhere

The RecoveryPlus.health method is clinically proven to increase recovery and long-term survival rates for your patients who've had cardiac events or are at risk. RecoveryPlus.health provides a simple remote cardiac rehab platform that's easy for providers to set up and administer. And it's accessible to every patient who needs it— from the comfort of home or anywhere.

### What are the benefits?

**For patients, it means faster recovery, a better quality of life, fewer medications, and less burden.**

#### For clinicians it means:

- A reduction in cardiac readmission rates to as low as 2%
- Improved adherence to prescribed therapy
- The ability to manage patient care more effectively
- More efficient communication
- Data-driven, quantifiable results
- All at no additional cost to your practice

01  
STEP

### qualify

Qualify your patients for rehab or prehab

02  
STEP

### refer

Fax or email a completed patient referral form to RecoveryPlus.health

03  
STEP

### monitor

A rehab care specialist will walk you through the steps to start monitoring your patient's progress

Get your patients started with Remote Cardiac Rehab.

## More Lives Could Be Saved

Statistics show that an astounding 80% of the nearly one million Americans who suffer a coronary event annually do not follow through on these doctor-prescribed treatment plans, resulting in repeat occurrences, re-hospitalizations, and even fatalities. And the burden of chronic heart failure is expected to increase.

## Barriers to Care

**Traditional cardiac rehab programs have an average dropout rate of 24% - 50%.**

Most patients experiencing cardiac events DO NOT follow prescribed cardiac rehabilitation for a variety of reasons:

### Lack of accessibility is due to:

- Facility location \_\_\_\_\_ Expense
- Time constraints \_\_\_\_\_ Immobility
- Lack of trained staff \_\_\_\_\_ Job schedule
- Lack of Transportation \_\_\_\_\_ Mental /emotional health
- Family care \_\_\_\_\_

## How does it work?

### Remote Monitoring

Consistent and closely monitored medical follow-up is critical to recovery. Through the HIPAA-compliant RecoveryPlus.health Provider Dashboard, medical professionals can manage patient care efficiently with remote monitoring in real time.

### Automated Alerts

The automated system measures patient progress for optimal recovery and triggers alerts and reminders, delivered straight to the patient's phone for events requiring immediate attention.

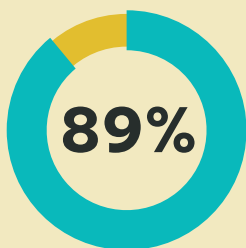
### Easy Interface

The system offers on-screen step-by-step guides for patients and providers and easy access to electronic health records and insurance billing.

### Content Library

Providers have access to a video content library of over 10,000 exercises with a variety of routines to help craft customized programs for patients.

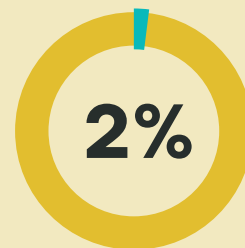
## Proven RecoveryPlus.health Outcomes



Compliance rate vs. **15-20%** for traditional rehab.



Emergency Room visits are reduced dramatically

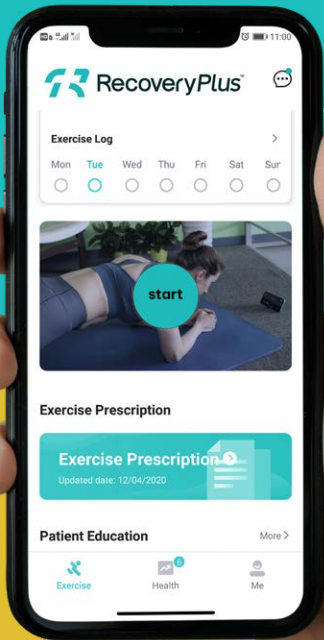


Hospital readmission rate vs. **30%** without it



# The RecoveryPlus.health Difference

RecoveryPlus.health is a HIPAA-compliant, technology-based telehealth program that's as simple as asking a patient to download a smart phone app. Cardiac rehabilitation can now be delivered easily, effectively, and efficiently using technology, which increases patient compliance and maximizes outcomes.

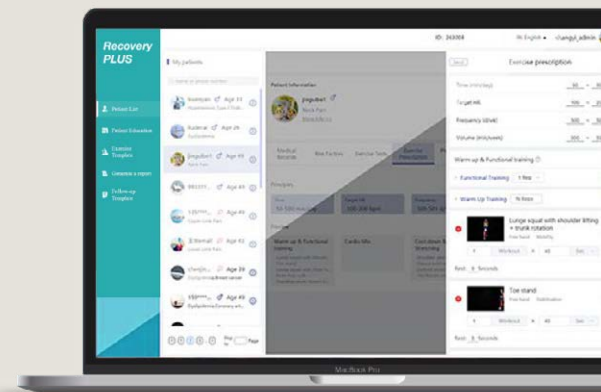


## Rehab Within Reach

### Is it covered by insurance?

RecoveryPlus.health is a medically approved program reimbursable by Medicare, Medicaid, and most commercial insurance plans. In addition, providers can be reimbursed for the time they spend using the dashboard to monitor their patients. Also, if the patient is part of a medical home effort, time spent monitoring progress can be reimbursed under those provisions.

RecoveryPlus.health is a simple platform for providers to set up and administer remotely using a free Provider Dashboard.



## Get heart smart about cardiac rehab by learning more today. Remote rehab is remaking lives.

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Recovery*Plus*.health delivers technologically advanced and completely customized remote solutions for cardiac rehab and prehab as well as pulmonary and vascular health patients. Recovery*Plus*.health services include direct telehealth communications with a healthcare team, oversight by medical professionals, an easy-to-use app with wearable monitoring devices, and 24/7 support.



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